Ballard High School and Center School Teen Health Center

Our mission is to meet the physical and mental health needs of the students in a nurturing environment that fosters the well-being of the Ballard High School and the Center School community, so students are safe, healthy and ready to learn.

What services does the Teen Health Center offer?

Primary care
- Birth control
- STD screenings
- Emergency contraception
- Sports physicals
- Immunizations
- Asthma care
- Illness and injury care
- ADHD assessment

Mental health services
We offer confidential counseling and skill building on many topics, including:
- Depression
- Anxiety and worry
- Relationship problems
- Family concerns
- Grief and loss
- Access to community resources

Substance abuse services
We also offer confidential counseling and skill building around substance abuse issues including:
- Substance use assessments
- 7 Challenges Program for youth
- Prevention
- Intervention
- Psychoeducation around adolescent substance

Who can be seen at the center?
Any Ballard High School or Center School student may be seen at the health center. Teens can be seen for confidential contraception services (at any age). STD testing (age 14 and older) and mental health counseling (age 13 and older) without parental knowledge or consent (as according to state law*). Parental consent is required for other services, and consent forms are available at the Teen Health Center or online at ballardhs.seattleschools.org.

*RCW 70.24.110, RCW 71.34.0030(2), RCW 70.05.100(2).

What is the cost?
The Teen Health Center is partially supported by grant funding from the Families, Education, Preschool and Promise Plan and Best Starts for Kids. Swedish provides the remainder of the funding. All services provided at no cost to the student or family.
Meet the staff

Chelsea Clark, MSW, LICSW
Mental Health Counselor

Karen Boudour, ARNP
Nurse Practitioner

Eduardo “Eddie” Medina, BS, CDPT, ACC
Prevention Interventionist

Sailau “Say” Tuitele, PSC
Clinic Coordinator

Call us at 206-781-6400

Hours
Monday-Friday, 8:30 a.m. to 4 p.m. during the school year

Location
Located in the commons next to the nurse’s office at Ballard High School and also on campus at the Center School twice a month
http://ballardhs.seattleschools.org/services/ballard_teen_health_center

We do not discriminate on the basis of race, color, national origin, sex, age or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (Swedish Edmonds 888-311-9178) (TTY:711).

Notes: 如果您懂中文，我們可以提供免費中文翻譯服務。請致電 888-311-9127 (Swedish Edmonds 888-311-9178) (TTY:711).

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