

Service Learning Opportunities January 2018

To look for more volunteer opportunities, click on any of these web sites:

<http://ballardhs.seattleschools.org/> <https://www.uwkc.org/volunteer/> <http://volunteermatch.org> <http://www.phinneycenter.org/>
<http://www.spl.org/about-the-library/support-your-library/volunteer-opportunities/service-learning-volunteer-opportunities-for-high-school-students> <http://nordicmuseum.org/> <https://www.seattlemca.org/> <https://www.volunteer.gov/index.cfm>
<https://www.earthcorps.org/> <http://seattle.cedar.greencitypartnerships.org/event/map/> <http://mtsgreenway.org/> <http://www.wta.org/>
<http://forterra.org/events> <http://www.seattle.gov/parks/volunteer/volunteer-calendar> <http://www.sustainableballard.org/>
<http://www.groundswellnw.org/> <http://www.seattle.gov/trees/events.html> <http://www.naturec.org/> <https://outdoorsforall.org/>

Join the **Annual Martin Luther King March** on Sat., Jan. 13 from 10 am.-5 pm! You can be a volunteer or a participant and earn service learning hours. On a first come, first serve basis, Ron Brown can give you a ride from Loyal Heights Community Center (2101 NW 77th St.) to and from the march. If you would like to ride with Ron, you will need a E-13 2016 Participant Information and Authorization Form filled out by your parent or guardian. Contact Ron Brown at (206)684-4052 or ronald.brown@seattle.gov to reserve your space in the van. Space is limited. If you decide to attend the march on you own or with your family or friends, make sure you sign in with Ron Brown to verify your attendance.

Mountains to Sound Greenway Trust has work parties to help with tree potting at their native plant nursery in Issaquah on January 6, 13 and 20 from 10am-2pm plus Mon., Jan. 15 for MLK Jr. Day. Learn more and sign up at <https://mtsgreenway.org/get-involved/volunteer/>

Volunteers needed in **BHS Gym for the Gymnastics Team.**

- Fridays January 5 and 26: Help set up the gymnastics floor between 4pm-5:30pm before home meets.
- Fri. Jan. 5: Help tear down gymnastic floor around 9:30pm after home meet.
- Sat. Jan. 27: Help tear down gymnastics floor at 4pm after kids' camp.
- Sat. Jan. 27: to help host All Comers Meet from 8am-12noon

Contact Lisa Hudson at lisamakihudson@comcast.net or call/ text at 206-276-0887 to sign up for any of these days and shifts.

Would you like to help senior citizens troubleshoot or learn to use their smart devices by being a **one-on-one Tech Mentor**? This happens at the **Greenwood Senior Center**. The schedule is flexible. Contact LeAnne Chow at leannec@phinneycenter.org or 206-297-0875/206-783-2244 to learn more and sign up.

Applications for the **Woodland Park Zoo's ZooCorps 2018 Cohort** are available at <https://www.zoo.org/zoo corps>. The deadline to have the online application and one reference completed is Tues, Jan. 16. If you are at least 14 years old and are interested in engaging in conservation action through learning, teaching and connecting with other teens from around the city, then ZooCorps is for you. ZooCorps offers teens a unique opportunity to increase their knowledge of animals and habitats, expand their conservation awareness, and develop useful job skills in a collaborative and fun learning environment at the Zoo and in the community. Contact zoo corps@zoo.org if you have questions.

Ballard Community Center (6020 28th Ave. NW) needs volunteers on Fri., Jan. 12 from 5:30-9:15 p.m. to help at Parents Night Out. You will help supervise and play with children (3-10 years old) during gym time, dinner, a movie and a craft. Contact TomiJo at TomiJo.Mccarrier@seattle.gov or 206-684-4093 to sign up

North Beach Elementary (9018 24th Ave. NW) is looking for volunteers for their Movie Night on Friday, Jan. 19. You will be helping with set up and food service from 6-9:30 p.m. Contact Cameron Cooper at cammycooper@gmail.com to sign up.

Have fun and use your creative skills for **Alice in Wonderland--the Adventure**, an interactive play to benefit the Ballard Boys and Girls Club. Volunteers will help build and paint sets, props, costumes and more. Workdays are on Saturdays---January 6, 13 and 20 from 10-4 at Ballard Baptist Church 2004 NW 63rd St. You can sign up for one or more days for a minimum of 2 hours. The production will be Feb. 8- 24. You can sign up to be an usher for the performances, too. To learn more and get involved, contact Cristie Kearny, the director, at ckearny@me.com

Saturday Soup Kitchen, a free non-denominational soup kitchen, welcoming homeless and low-income guests for a light breakfast; salad, soup and sandwiches from 9:00 am to 1 pm every Saturday, happens at Trinity United Methodist (6512 23rd Ave. NW). They need volunteers to help prepare and serve the meal and to clean up. To learn more and sign up online, go to <http://www.tumseattle.org/soupkitchen>

Many opportunities to volunteer on the **2018 Martin Luther King, Jr. Day of Service** (Jan. 13-15) are here: https://volunteer.uwkc.org/need/?s=1&need_init_id=343

The **Phinney Neighborhood Association** (6532 Phinney Ave. N.) needs help at their **Hot Meal Program** preparing, serving and cleaning up dinner for homeless and others in need on Mondays from 4-7 pm at the Greenwood Senior Center (525 N. 85th St.). Volunteers are also needed for **event set up, support and/or clean up** on Fri., Jan. 26 from 4-6 p.m. at the Greenwood Senior Center. Visit <http://phinneycenter.org/volunteer/> or contact LeAnne Chow at leannec@phinneycenter.org or 206-297-0875/206-783-2244 to learn more and sign up.

Sustainable Ballard welcomes teen volunteers! If you are interested in getting involved, fill out an on-line questionnaire, and then they will contact you to see where you want to help. They need volunteers for single events and for on-going monthly activities. Learn more at <http://www.sustainableballard.org/>

There are **seven restoration work parties in Seattle parks** on Monday, Jan. 15 in honor of Martin Luther King, Jr. Learn more and sign up for one of them at <https://seattle.greencitypartnerships.org/event/calendar/?start=2018-01-15&end=2018-01-15>

Golden Gardens forest restoration is happening on Sat., Jan. 13 from 9 a.m. to noon. Learn details and sign up at <https://seattle.greencitypartnerships.org/event/12490/>

Carkeek Park STARS work party is happening on Sat., Jan. 20 from 9 am to noon. Learn more and sign up at <https://seattle.greencitypartnerships.org/event/12553/> Bring the completed youth waiver form.

SW Queen Anne Greenbelt weeding party is happening on Sat., Jan.6 from 10 am-1 pm. Learn more and sign up at <https://seattle.greencitypartnerships.org/event/12529/>

Deadhorse Canyon-Lakeridge Park (South Seattle) has a planting party on Sat., Jan. 20 from 9 am-1pm. Learn more and sign up at <https://seattle.greencitypartnerships.org/event/12419/>

HELP OTHERS READ!! **Washington Talking Book and Braille Library (WTBBL)** (2021 9th Ave. at Lenora in South Lake Union) sends out 2,000 talking books each day to those who cannot access standard print. WTBBL needs volunteers to do book inspection, shelving and other circulation-related tasks. Training is provided. WTBBL is open M-F 8:30 a.m. -5:00 p.m. and until 7 p.m. on Wednesdays. Complete an application online at www.tinyurl.com/wtbbl-volunteer. For more information, email david.junius@sos.wa.gov. Minimum age to volunteer is 15. Sign up with a group of friends. There is free parking.

A Burke Gilman Trail restoration work party is happening on Sat., Jan. 6 from 9am-1pm. To learn more and sign up, go to <https://seattle.greencitypartnerships.org/event/12594/>

Warren G. Magnuson Park (NE Seattle) has work parties happening on Sun., Jan. 7 from 9am-1pm <https://seattle.greencitypartnerships.org/event/12584/> and Sun., Jan. 21 from 9am-1pm <https://seattle.greencitypartnerships.org/event/12585/> Learn more and sign up through the links.

The **Get Schooled Foundation**, located in downtown Seattle, is looking for responsible, reliable high school volunteers to support its student engagement team. Get Schooled is a national nonprofit giving students the power to shape their future through education. Depending on your availability and areas of interest, you may help support their reward store, brainstorm with the outreach team about a social media campaign, or offer insights on designs and merchandise. Come help and support their mission while learning and having fun! This can be a one-time or ongoing opportunity on your Wednesday early dismissal days. Email jobs@getschooled.com with "High School Volunteer" in the subject line to ask questions and to get involved. Your e-mail should include the name of your school, graduation year and 3-5 sentences about why you are interested in this opportunity.

Would you like to help people with disabilities ride horses? **Little Bit Therapeutic Riding Center** is looking for volunteers to groom and tack horses before class, support riders in class, lead horses, and put them away after class. Flexible volunteer hours are available Monday through Saturday between 8 am - 8 pm. No horse experience or knowledge of working with people with disabilities is necessary because they provide training. A six-month commitment to a 2-hour weekly shift is required. Little Bit is located in Redmond, so consider signing up to volunteer with a friend and carpooling. Go to www.littlebit.org to complete an application. Contact danal@littlebit.org or call 425-882-1554 for more information.

The **Harry Potter Club at UW** is throwing a Yule Ball for UW students on Friday, January 26. Yule Ball is a completely free event that the club puts on to celebrate the New Year and Harry Potter with fellow UW students. Volunteers will help from 6-11pm and will set up decorations, put out food, clean up and run their photo booth during the event. They will provide volunteers with snacks and beverages. Contact Emma Raible at emraible@uw.edu or text her at (206) 618-8668.

Teen Link provides emotional support and resource referrals to youth ages 12-20 through their peer-to-peer telephone and chat helpline. You can be a phone worker (15+) who answers calls and chats, and provides emotional support. Outreach workers (13+) spread the word about Teen Link. Contact teenlink@crisisclinic.org or call 1-866-833-6546 to learn more and get an application.

A **Meadowbrook Pond** work party is happening on Sat., Jan. 20 from 10 am - 12 pm. Meadowbrook Pond is a beautiful community asset and home to numerous birds and other wildlife. Tree Ambassador Lucy will be leading volunteers to remove the aggressive weeds threatening the trees and other healthy vegetation around the pond. Meet at the entrance to Meadowbrook Pond of the dead end of 36th Ave. NE, south of NE 110th St. (10998 36th Ave, NE) www.seattle.gov/trees/events.html To sign up online, go to <https://www.surveymonkey.com/r/5MN7Y7X>

A **Supermarket Saturday Food Drive** is happening on Sat., Jan 20 from 9 am-1 pm at the Wallingford QFC on 45th St. The purpose of doing Supermarket Saturday food drives is to receive much-needed donations of food for the **FamilyWorks food bank**. These events involve interacting with community members, handing out flyers indicating the types of canned food needed and receiving food donations from shoppers. Sign up for one or more hours at <http://www.familyworksseattle.org/vol-opp>. If you are under 16, please volunteer with a parent/guardian. If 16 or 17, fill out the volunteer application and bring it to the food drive. Contact Kat at kathrynj@familyworksseattle.org if you have any questions.

Join the **Leukemia & Lymphoma Society** as a volunteer at the **Big Climb!** On March 25, 6,000 participants will CLIMB 1,311 steps and CONQUER 788ft of vertical elevation all in the name of a CURE for blood cancer. The Big Climb takes place at the Columbia Center in downtown Seattle and culminates on the highly acclaimed observation deck with breathtaking views of the entire Puget Sound region. This climb supports the mission of The Leukemia & Lymphoma Society, raising funds through sponsorships, participant fundraising, and entry fees for patient/family services as well as funding of cutting edge research. You can help us make the 2018 event a success by donating your time as a volunteer. To sign-up, fill out this form: <http://www.llsform.org/0510FS01/form79/index.html?1417801497455> Sign up early for this very popular volunteer opportunity. If you have questions or need help signing up, contact Katie Holmes, Volunteer Manager, at Katie.holmes@lls.org.

Loyal Heights Community Center (2101 NW 77th) needs teens to volunteer one or more days each week on an ongoing basis for the LHCC's teen program that runs Monday-Friday 3:30-6:00pm. You can also volunteer on the third Thursday each month (Nov. 17th) at the Community Dinners Program from 4:30-6:30 if a minimum of three teens sign up. Contact Ron at ronald.brown@seattle.gov or 206-684-4052 to sign up.

Join **Nature Consortium** on Saturdays---Jan. 6,21 or 27---and/or on Monday, Jan. 15 from 10am-2pm for work parties in the West Duwamish Greenbelt. Sign up at <http://www.naturec.org/volunteer/> Volunteers must RSVP at least 24 hours in advance to get the location of the work party. Volunteers under 18 years old need to fill out and bring a [waiver form](#) signed by a parent/guardian.

Help run the **Children's Film Festival Seattle 2018!** They need reliable and energetic volunteers to assist with special events, a multitude of tasks leading up to the festival, and throughout its duration from Jan. 25 through Feb. 10. Volunteers get free passes to use for movie screenings at Northwest Film Forum. All Festival volunteers must submit information for a background check. Email volunteer@nwfilmforum.org for more information and to sign up. <http://www.childrensfilmfestivalseattle.org/>

Join **EarthCorps** for their work parties on Saturdays from 10 a.m.-2 p.m. They added projects on Martin Luther King Jr. weekend of service so you can volunteer on Sun., Jan. 14 and Mon., Jan. 15 in addition to their regular Saturday work parties. Dress warmly for working outside rain or shine: bring water and food. Learn more and sign up at <https://www.earthcorps.org/volunteer/calendar/>.

The **Seattle Audubon Society** has a program for high school students called **Young Birders** for teens who want to learn more about birds, nature and conservation. You do not have to have experience, just interest. The program involves monthly meetings and birding/service excursions. Young Birders is an excellent opportunity for teens to learn to appreciate and get involved in nature and conservation. It also helps to build leadership skills, social networks while you are earning service learning hours. Young Birders meets monthly at Seattle Audubon Society offices (8050 35th Ave. NE). Monthly meetings are on Thursdays from 7-8:30 pm. You can find all the details and apply at <http://www.seattleaudubon.org/sas/About/EnvironmentalEducation/YoungBirders.aspx>

Are you interested in leadership opportunities and improving adolescent health care? The **UW LEAH program for the Adolescent Medicine Division at Seattle Children's** is recruiting a diverse group of teens to join the **Teen and Young Adult Advisory Board**. LEAH is a Fellowship Program which trains leaders in adolescent health (LEAH = Leadership in Adolescent Health). The advisory board will meet six times a year. The commitment is for at least one year. You would help by

- Evaluating curriculum for training Fellows seeking to become leaders in adolescent health care
- Sharing your perspectives of adolescent health
- Developing educational materials for other teens and young adults
- Participating in a Teen and Young Adult panel for an hour on April 27, 2018

Contact Laura-Beth at UWLEAH@seattlechildrens.org by January 10 for an application. They will select applicants for phone interviews by January 31. The first meeting will be Monday, February 5 at Seattle Children's 4500 Springbrook Building.