



# SEATTLE PUBLIC SCHOOL PHYSICAL EDUCATION WAIVER REQUEST FORM

PE Waivers will be granted for only ONE Semester at a time. Request forms should be completed and returned to the school. Waivers received after the deadline for the applicable semester will be denied.

First Semester Deadline- \_\_\_\_ March 1<sup>st</sup>                      Second Semester Deadline- \_\_\_\_ October 1<sup>st</sup>

Waiver requests must be directly related to the criterion listed below:

The following five categories qualify as allowable reasons for the principal to consider waiving PE.

1. Physical Disability (HPE8203) - Attach verification from doctor or health care professional indicating that participation in a PE class will be detrimental to student's health.
2. Religious Belief (HPE8204) - The student's religion stipulates against participation in physical education. Verification from student's religious leader is required.
3. Directed Athletics (HPE8205) - Participation in Seattle School District extra-curricular athletic programs requires a coach's verification. Participation in community-based organized athletics requires a weekly log documenting a minimum of 80 hours (during the semester that the student requests the waiver- summers do not count) of regular workouts, practices, and competitions. Parent/Guardian and the coach's verification are required.
4. Military Science (HPE8206) - Attach proof of enrollment in a Seattle Public Schools' military science class
5. Employment (HPE8207) - Student must work to assist family or student is currently self-supporting. Attach verification from employer.
6. Academic Requirement- A student taking a full academic course load each semester (no teacher or office assistant) may qualify for a waiver. Include a copy of the current class schedule and transcript. \*The transcript must show five semesters of coursework. Students may submit waivers for this reason beginning the second semester of their junior year.
7. Other Good Cause (HPE8208) - Reasons include: student is participating in another district or community activity that has a physical educational component; the student was not able to enroll in PE and meet course load requirements at no fault of the student.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Student ID#: \_\_\_\_\_ Class of: \_\_\_\_\_

Waiver Category #: \_\_\_\_\_ for Semester ending \_\_\_\_\_

Note of explanation: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Teacher/Coach Signature)

(Parent/Guardian Signature)

Office Use Only

Approved OR Denied by: \_\_\_\_\_

Entered by: \_\_\_\_\_ Course # \_\_\_\_\_ Term: \_\_\_\_\_

