Ballard Volleyball 2017-2018

Interested Players;

Here is some information and some important dates about the upcoming volleyball season here at Ballard High School. We will be working extremely hard and putting in long hours before the season's first match.

Tryouts begin Monday <u>August 21 2017</u>, in the main gym. Tryouts will be Monday-Wednesday from 2:00-7:00 Thursday and Friday practice will be -Varsity 2:30-5:00, JV 3:00-5:00 and JVC 3:45-5:45. Saturday, August 26th,*7:00am - 9:00 am*. (All Three teams) Each player must have ten practices in prior to the first match. All players must come to <u>all</u> the tryouts and cannot miss <u>any</u> practices once they have made a team to be in the program except for an emergency or illness. We hope to have all three teams chosen by Wednesday August 23 2017.

You must have your paperwork, sports fee and ASB card purchased before tryouts begin. The sports paper work is ready now and can be turned in before July 5 2017. The next day to turn in paper work to the main office will be <u>August 16th</u> 2017, 8:30--4pm. (Contact Kim Nickerson at <u>kdnickerson@seattleschools.org</u> for any questions regarding paperwork.)

Volleyball as played in high school is nothing like volleyball that you play in your P.E. class. We practice everyday and sometimes on Saturday. We have two matches during the week and sometimes tournaments on Saturdays. Even though this means total commitment for the entire season, we will also have fun and enjoy ourselves.

Make sure you touch the volleyball this summer and continue to play volleyball until tryouts. Come to tryouts in shape and ready to go.

If you have, any questions please contact numbers, my email and me anytime are listed below.

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